## alzheimer's $\mathcal{O}$ association<sup>®</sup>



## **Barberton Caregiver Support Group**

## **Presented by:**

**Alzheimer's Association** 

**Greater East Ohio Chapter** 

1st Wednesday of the month at 6:30 p.m.

Click to Join Zoom Meeting

**Dial-in phone only option:** 1-888-788-0099 **Meeting ID:** 984 6655 6477 **Passcode:** 104246

\*all in-person meetings have been moved to virtual for the time being to maintain the health and safety of all of our caregivers, volunteers, and staff

Contact: 800.272.3900 or geoachl@alz.org

Visit alz.org/eastohio to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected®, our online community, at alzconnected.org.

## Build a support system with people who understand.

Alzheimer's Association<sub>®</sub> caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.